## PrimeLife

# Enjoy life at Westerlands Care Village, Brough, East Riding of Yorkshire



### A warm welcome awaits you at Westerlands

Westerlands is a purpose built, and recently refurbished dual registered nursing home offering 62 places across two buildings 'Brough Lodge' and 'Elloughton House'. All rooms are spacious single en-suite rooms for clients whose needs are associated with old age and dementia. We offer both residential and nursing care.

#### **Key features**

Specialist dementia nursing service in a purpose built home based centrally to the village of Elloughton, just a short walk to all local amenities.

- All spacious single room accommodation
- Full en-suite bathrooms
- Disabled bathing facilities, with whirlpool bath
- Hearing Loops throughout
- Hairdressing salon
- Cold drink dispensers in all lounge areas
- Bedrooms with access to private patio areas
- Large themed dining areas
- Penthouse suite with extra large "apartment" style rooms
- Landscaped sensory gardens with seating areas
- Digital TV aerial points in every room
- Annual refurbishment programme

#### Our team

Westerlands employs approximately 70 staff all of whom are trained in the key aspects of care delivery, to ensure the provision of a safe, quality service to our client group.

Our staff also benefit from a vocational training programme, and are regularly supported by our Quality Matters Team to embark upon specialist dementia training, with an emphasis on internal promotion and staff development. All of our nursing team are highly skilled and undertake regular development training.

Full details of the training undertaken by our staff can be obtained from the Home Manager.

#### Location

Westerlands is located central to the village of Elloughton, close to the market town of Brough, three miles from the Humber Bridge.

#### Accommodation and services

Westerlands has developed a reputation for delivering high quality palliative care services for clients with complex nursing conditions.

The care village consists of two building, Brough Lodge with 34 bedrooms and Elloughton House with 28 bedrooms catering for those whose needs are associated with old age and their mental state, including dementia. We can also accommodate clients with a physical disability, offering permanent or short-term respite stays. Brough Lodge also offers a number of 'Penthouse Suites' that have extra large bedrooms.

#### **Prospective clients**

Prospective clients are encouraged to view all available accommodation and visit for a day to fully experience the home. Westerlands offers good quality nursing care and has recently developed a specialist dementia service. Prior to any admission to the home our staff team will carry out an individual care plan assessment, which will focus on clients specific choices and needs. Accepting a varying degree of ability, these care packages will be structured to the clients preferences and will focus on maintaining and promoting as much independence as possible.

#### **Activities**

Whilst accepting that the majority of our clients will be suffering from dementia, we offer a sensitive support service to allow clients to embark upon a variety of daily living tasks. Clients will be offered the opportunity to personalise their rooms and to maintain as much choice and independence as they either choose or are able to accommodate, taking advantage of our flexible dining arrangements the safe and secure landscaped gardens and our assisted bathing facilities.

We are also proud to offer a thriving activity programme, which focuses on regular reminiscence sessions and a variety of either individual or group activities with regular trips out into the local community on our wheelchair adapted Mercedes mini-buses.

Whilst we very much regard it as our primary responsibility to provide a safe and secure environment, we will encourage, in a sensitive manner, all clients to participate in all that we offer, welcoming you to enjoy life at PrimeLife, Westerlands.