# PrimeLife

## Enjoy life at Brackendale House, Sheringham, Norfolk



Secure gardens

# A warm welcome awaits you at Brackendale House

Brackendale House is a 14 bed residential care home for clients with mental health needs, with two bedrooms being provided in semiindependent living format. We promote a strong culture of supporting clients to regain and retain independence.







### Key features

A specialist mental health facility based close to all local amenities, all accommodation is provided in single room format right next to Sheringham Beach and Sea Front.

- All single room accommodation
- Residents kitchenette
- Two person semi independent living suite
- Games room
- Nintendo Wii Lounge
- · Secure gardens with private seating areas
- Close to Sheringham Beach and Sea Front
- Digital TV aerial points in all rooms
- Annual refurbishment programme

#### Our team

Brackendale House employs approximately 13 staff all of whom are trained in the key aspects of care delivery, to ensure the provision of a safe, quality service to our client group.

Our staff also benefit from a vocational training programme, and are regularly supported by our Quality Matters Team to embark upon specialist mental health training, with an emphasis on internal promotion and staff development.

Full details of the training undertaken by our staff can be obtained from the Home Manager.

#### Location

Brackendale House is located in central Sheringham close to the Beach and Sea Front.

#### Accommodation

Brackendale House offers all single room accommodation in addition to 2 semi-independent living bedsit flats, which include a resident's kitchenette with domestic style fittings.

#### **Services**

The service at Brackendale House allows clients to receive care and support with regard to their mental health needs, with the added opportunity to live in one of our single person flats allowing clients who wish to retain or regain significant levels of independence the opportunity to do so, the emphasis is on support as opposed to a traditional style of care delivery.

## Prospective clients

Prospective clients of Brackendale House will be encouraged to view all available vacant accommodation and visit for a trial day to fully experience the home. In advance of a place being offered, an individual care plan assessment focusing on individual choice and needs will be structured, the emphasis on involvement of the individual to focus on developing their personal skills and regaining a sense of purpose and independence.

#### **Activities**

All of our homes offer a full and varied activity programme, much of which is contained within the home, but using the benefit of our on-site transport, also allows clients access to the local community. Whilst we very much regard it as our responsibility to provide a safe, secure environment, we will encourage all clients to participate in all that we offer, welcoming you to enjoy life at PrimeLife, Brackendale House.